



Quarter 4 | 2021

Upcoming Events

ACT Advisory Committee

January 13th 2022
9:30 - 11:00 am (PT)
Teleconference only

ACT Data Advisory Committee

February 23rd 2022
1:00 - 2:00 pm (PT)
Teleconference only

TA Call

January 11th 2022
*24/7 Crisis Coverage with
Brenda Dennis, OHA*
10am **OR** 3pm (PT)
February 15th 2022
The Future of Forensic ACT
10am **OR** 3pm (PT)

March 8th 2022
TBD
10am **OR** 3pm (PT)

Peer Calls

January 10th 2022
Boundaries
11 am - 12pm (PT)

February 14th 2022
*Supporting Participants at
Medical Appointments*

OCEACT Staff Changes

Jeff Krolick, Director of Special Projects for Options of Southern Oregon has stepped down from his role providing leadership for the Oregon Supported Employment Center for Excellence (OSECE) and Oregon Center for Excellence for Assertive Community Treatment (OCEACT). Jeff is an innovative leader who has promoted the adoption of evidence based practices throughout his career with Options. We will greatly miss his vision and the wonderful energy he brings to this work everyday. Fortunately, we don't have to say goodbye to Jeff just yet, as he will be continuing on with Options part time for a short while.

Heidi Herinckx, has been hired to fulfill the leadership role as the Director for the Oregon Centers of Excellence at Options. Please welcome Heidi in this new role!

Crystal McMahon will continue as Director of OSECE and managing all the day to day operations of OSECE.

Asia Gray, former ACT Statewide Trainer, has been hired as the new Director of OCEACT and will be managing day to day operations of OCEACT. Please welcome Asia in this new role!

ACT Nurse DACUM Workshop

ACT nurses from Oregon, Washington and New York collaborated in DACUM workshop to identify the key job duties and tasks essential to the role of the ACT nurse. The DACUM workshop was convened during the week of November 8th – 12, 2021. DACUM stands for “developing a curriculum.” The DACUM workshop was a comprehensive job analysis that is the first step in developing a competency- based curriculum. The results of the ACT Nurse DACUM Workshop, the DACUM Research Chart for ACT Nurses is available on the [HERE](#) OCEACT website. The results will guide OCEACT nurse consultants, Heather DePolitte, RN and Paula Gubrud, RN, EdD to develop targeted training curricula for ACT program nurses over the next two years. These trainings will be offered through OCEACT to any nurses on ACT teams and

11 am - 12pm (PT)

March 14th 2022

Wellness Strategies for Peer Supporters

11 am - 12pm (PT)

Upcoming Trainings:

ACT 101

March 1st - March 3rd 2022

8am - 12pm (PT)

[Click to Register](#)

2022 OCEACT Conference

Save the Date!

June 13th - 15th 2022

It is still to be determined whether we will host this conference in person or virtually.

Please stay tuned for further updates.

especially newly hired ACT nurses. We will provide more information about the trainings as they become available, so stay tuned.

Study Opportunity for ACT Participants

OCEACT is partnering with the Regional Research Institute at Portland State University to learn how ACT program nurses help ACT participants manage their health care needs. We would like to talk directly to individuals enrolled in ACT programs to learn what their biggest health concerns are and how ACT programs might be able to help. ACT participants have an opportunity to earn \$20 by participating in a one-time brief (30-60 minute) interview. Please contact Alyssa Kerlinger at akerlinger@optionsonline.org or 541-450-5233 to learn more. Or you can provide Alyssa's name and phone number to any ACT participant who would like to participate.

First CPMC Cohort to start January 2022

January 20th 2022 is our first Certified Personal Medicine Coach (CPMC) Training Cohort!

This training is currently available to any ACT or Supported Employment/Education staff in Oregon. You can sign up to be in the next cohort by contacting anyone from the OCEACT or OSECE teams.

Want to know more about the CPMC training, check out the flyer, visit our [website!](#)

[CPMC Flyer](#)

Quarter 3 2021 ACT Outcome Summary

Of the 205 ACT referrals under consideration in Quarter 3 2021 (April - June), 83 individuals were enrolled onto an ACT team.

Oregon's 33 certified or provisionally certified ACT teams have the capacity to serve 1484 individuals statewide.

ACT enrollment for Q3 2021 was 1,417 individuals. ACT is 95% fully utilized statewide.



ACT Message Board Forum

Since we can't be meeting in person at this time, the forum offers an opportunity to share lessons, knowledge, resources, and successes.

[Message Board Log In](#)

OCEACT Statewide Trainings

One of the main services that OCEACT can provide to ACT teams is providing training in evidence based practices. Below you will find a list of training's and a brief description of the training.

If there is a training you would like to receive, or if there is a training that is not listed below that you would like to learn more about, please contact a member of the OCEACT team.

ACT 101

The ACT 101 training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT. The training covers all the key components of the ACT model, including: the team approach; community based services, 24/7 crisis coverage; integrated dual disorder treatment; and integrated care.

Enhanced Illness Management and Recovery (EIMR)

The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

Cognitive Behavioral Social Skills Training (CBSST)

The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using.

Motivational Interviewing (MI)

The MI training is a one day training that focuses on a collaborative, goal-oriented style of communication with particular attention to the language of change. A series of sessions to practice skills can also be scheduled based on individual team need. This training will review the basic framework of MI along with the development of micro-skills like open ended questioning, affirmations, reflective listening, and summarizing statements. Role playing is included for skill acquisition.

NEW!

Certified Personal Medicine Coach (CPMC) Training

The CPMC training was developed by Pat Deegan and Associates and learning cohorts will soon to be offered by OCEACT & OSECE! The Certified Personal Medicine Coach Course combines online e-learning, practice and group video coaching over the course of an 11-week curriculum. Once certified, Personal Medicine Coaches will be approved to use Personal Medicine, Personal Medicine Guides and Personal Medicine Cards with individuals and in groups. A Certified Personal Medicine Coach (CPMC) is an expert in supporting people as they discover and use Personal Medicine in their recovery. CPMCs are dedicated to making sure people discover their own power to get well and to stay well. CPMCs help spread the message far and wide that recovery is real and there are things we can do to help ourselves. CPMCs help to activate people in their own self-care, and this leads to better health outcomes.

If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT team.

OCEACT Staff

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