

OCEACT Advisory Committee Meeting

10/14/2021



9:30am-11:30am

Attendees:

Brenda Dennis – OHA
Ben Yoder/ Alyssa Kerlinger / Heidi Herinckx/ Asia Gray / Cathy Bozarth / Jeff Krolick – OCEACT
Christine Dowd – Tillamook ACT
Jeremie Wharton – SLMH ACT
Kevin Brooks – Yamhill ACT
Tammy Stump – Polk County ACT
Jacque Serrano – GOBHI EOCCO
Robert A – Benton Co ACT
Andrea Recla – Malheur Co
Justine Cuthbertson – Coos Co
Anna Dennis – Benton Co
Jacek – Independent Consultant
Aisha Bonse – QA Outside In ACT
Sandra Gore – Wallowa ACT
Kathy Bootes – Laurel Hill Center ACT

Notes:

Updates from Brenda Dennis

- Fidelity Updates: OHA is committed to bringing the ACT program back up. There have been things that have affected programs over the last couple of years. It is not limited to ACT, but issues like staffing challenges. We are not ready to grant variances just yet because it is different when one or two programs have a concern but we want to make sure that any changes made won't have long term effects on the programs. Brenda's goal is to have a strong ACT program and it is bigger than just focusing on one program at a time. We are focusing on how to get us all back on board. OHA has workgroups focusing on staffing shortages. One topic of concern is reducing barriers to people getting into the behavioral health field.
 - Don't be intimidated by the fidelity reviews. We are in this together to improve and we are here to support you. We don't want to change the scale because we don't want to dilute the program and lose the quality of care that we know following fidelity brings. However, we are committed to supporting teams in areas that are struggling.
- Crisis service initiatives – 988 number will be live soon.
- Data Reporting: ACT is still required to report quarterly data. While other OHA data requirements were suspended, Brenda has advocated that ACT data continue to be collected. The data is used to improve the program but it also impacts other areas of the community. People at OHA and other organizations recognize that the data we collect is great quality. It has been an important part of planning for some of these programs in counties, at OHA, and in other initiatives. It is too important to suspend right now.

CommonGround Certified Personal Medicine Coach Training

- The CPMC training was developed by Pat Deegan and Associates and learning cohorts will soon to be offered by OCEACT & OSECE! The Certified Personal Medicine Coach Course combines online e-learning, practice and group video coaching over the course of an 11-week curriculum. Once certified, Personal Medicine Coaches will be approved to use Personal Medicine, Personal Medicine Guides and Personal Medicine Cards with individuals and in groups. A Certified Personal Medicine Coach (CPMC) is an expert in supporting people as they discover and use Personal Medicine in their recovery. CPMCs are dedicated to making sure people discover their own power to get well and to stay well. CPMCs help spread the message far and wide that recovery is real and there are things we can do to help ourselves. CPMCs help to activate people in their own self-care, and this leads to better health outcomes.
- Cohorts to begin January 2022

Quarterly Reporting

- Quarter 2 2021 ACT Report - <https://oceact.org/wp-content/uploads/2021/09/Q2-2021-OAD-Report-for-OCEACT-advisory-10.14.21-FINAL.pdf>

ACT team discussion around providing ACT during pandemic

- Staffing shortage have been making teams shift people around to do job duties that aren't their normal duties and having to cover those are can only work from home.
- Laurel Hill – utilizing an out of state therapy agency via telehealth. They come to the team meetings and provide some therapy to ACT participants.
- Personal Medicine is a great way to support staff who feel burned out or experiencing compassion fatigue.

OCEACT Leadership Changes

- Jeff Krolick to retire by the end of the year. Heidi Herinckx will be taking over Jeff's role as Manager of OSECE and OCEACT. OCEACT is recruiting a new director of OCEACT.
- Find the OCEACT manager position listed:
https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?ccId=19000101_000001&cid=2e0ad977-2ff0-477d-aef4-5714a89a579c&lang=en_US&type=JS