

OCEACT Advisory Committee Meeting

4/8/2021



9:30am-11:30am

Attendees:

Brenda Dennis - OHA

Kindall Baker - Compass

Mary LIngenfelter & Virginia Bock – Options

OCEACT: Jeff, Asia, Shane, Heidi, Ben

Jennifer Chun - Marion

Doug Akin

Anna Dennis - Benton

Katelyn Spain

Monica Dennis - Yamhill

Laura Sloan - Polk

Alice King – Telecare

Michele Riggs – Tillamook

Amy A.

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MEETING NOTES:

- **OSH Updates:** Brenda reported that OSH staff are all working on the nursing units right now so communication has been limited. They have limited staff due to people out on COVID leave. Jennifer asked how ACT staff can still be staying connected to their participants who are admitted when ACT staff are not allowed to visit them. Marion is getting mixed responses whether ACT can call and connect with participants at least over the phone.
 - Brenda will reach out and get more details from OSH. OSH is doing some re-organization right too so there is an additional layer of issues that come with that as well. Brenda will connect with OCEACT to get answers and OCEACT will share that information with teams.

- **How are you all coping with COVID at this time?**
 - Tillamook – staff shortage: number of open positions and they are struggling to get them filled
 - Marion – also limited master levels applicants and bachelor level as well. Being able to be vaccinated was a game changer. More people are being seen face to face. Systems level issues with civil commits. Having a hard time getting people into the psych units and affects with unsheltered population because shelters are limited. It is hard to outreach to people who are unsheltered because they can't find them.
 - Options – staffing issues: staff started a couple months ago and yet some of them are going on leave for weeks at a time and it feels like they have to start over on their training each time. It is hard to get people trained well. Everyone is working hard but they are tired and exhausted. It is hard to take time off or approve time off because people end of having to quarantine or go on leave and its hard to plan to be able to have a full staff working.
 - Benton – helping to bring people in to their agency to get vaccinated who couldn't go to the bigger community clinics.
 - Vaccination information resources will be shared in follow up emails.
 - It was noted that ACT teams should prepare people for having some side effects from the vaccine like a sore arm or fevers. May need extra assistance, especially if they are houseless.
- **Aid and Assist Training with Brenda and Cody Gable from OHA:**
 - This training will be offered next week on April 15th 10a-12p
 - Come with questions regarding Aid and Assist. This will be an informative training.
- **Aid and Assist Referral from OSH Report**
 - Review this report in follow-up email or on the website www.oceact.org/advisory-board/
 - It was noted by ACT teams that communities need more resources for serving individuals with co-occurring dx. Not just more resources, but also ones that will serve individuals with mental health symptoms.
- **CommonGround**
 - OCEACT staff are all becoming Certified Personal Medicine Coaches right now. We will then get trained on how to train coaches so that we can train ACT teams to become coaches.
 - CommonGround check-in calls are being held on the first Thursday of each month at 10am. These calls are an opportunity to ask questions about the resources, hear how other teams are using the material, and share your own experiences with using the resources.

Upcoming trainings:

TA Call – Primer on Strength-based Assessments – 4/13 @ 10a – 11a AND 3p-4p

OCEACT Conference – Save the Date for the week of June 14th!

Exciting speakers we have lined up so far are: Patricia Deegan, PhD, Dr. Gabor Maté, and Shaun McNiff, PhD.

