



Quarter 2 | 2020

Upcoming Events

ACT Advisory Committee

July 9th 2020
9:30 - 11:30 a.m.

Teleconference only

ACT Data Advisory Committee

August 5th 2019
1:00 - 2:30 p.m.

Teleconference only

TA Call

July 21st 2020

*This is an adjusted date since
the OCEACT Conference
Webinar will be held on the
second Tuesday of the month
in July.

10am

Role of the Nurse

3pm

Role of the Nurse

August 11th 2020

10am - Creating an
Effective Cross-training

3pm - Creating an
Effective Cross-training

September 8th 2020

10am - Dignity of Risk

3pm - Dignity of Risk

OCEACT Webinar Series

In the month of June, with the cancellation of the annual OCEACT conference due to the COVID-19 emergency, three conference webinars were scheduled to host three of the scheduled speakers. Two were completed in June, with the third to occur on July 13th & 14th.

Terry Krupa

157 people attended Dr. Terry Krupa's webinar on "Action Over Inertia", an intervention manual addressing activity health needs of people with serious mental illnesses.

If you missed these sessions with Dr. Krupa, OCEACT was able to record the sessions and will be offering a proctored viewing of the recordings on July 23rd and 24th from 10am-12pm, so people can view the webinar and still receive CEUs. Please keep an eye out in your email for details and the registration link. You can also reach out to OCEACT trainer, [Asia Gray](#), to register.

Interested in more training on Action Over Inertia?
Contact OCEACT today!

Ron Unger

179 people attended Ron Unger's webinar on Collaborative Explorations at the Edge of Reality: The Promise of CBT for Psychosis

Interested in more training on CBT for Psychosis with Ron Unger? Contact OCEACT today!

Still to come!

Shyle Ruder

Fair Housing for People with Serious Mental Illness

July 13th - 1pm-2:30pm

July 14th - 1pm-2pm

ACT Nurse Consultation

Peer Call

*This is an adjusted date since the OCEACT Conference Webinar will be held on the second Monday of the month in July.

July 20th 2020

11 a.m.

August 10th 2020

11 a.m.

September 7th 2020

11 a.m.

Conference Webinar Series:

Terry Krupa
Recording Viewing
July 23rd & 24th
10am - 12pm

Shyle Ruder
July 13th -
1:00-2:30pm
July 14th -
1:00-2:00pm

COVID-19 ACT Update Calls

July 15th -
10 am - 11am and
2pm - 3pm
July 28th -
10 am - 11am and
2pm - 3pm

OCEACT recognizes that the role of the nurse on the ACT team is critically important and ACT nurse training and consultation is needed. Therefore, OCEACT is contracting with a Registered Nurse to provide training specific to nurses on ACT teams.

The OCEACT nurse consultant will provide initial trainings to new ACT nurses and one-on-one consultation to address the needs of ACT nurses statewide.

Trainings will include:

Medication management, health promotion, community based nursing care, effective advocacy and collaboration with primary care and pharmacies and shared decision making.

OCEACT anticipates being able to offer the nursing consultation and training by Fall 2020!

Message Board Reminder!

OCEACT has implemented an online ACT forum designed to allow ACT teams in Oregon to ask questions, interact, and share resources, ideas, and knowledge.

To use the forum, register [HERE](#), and comment on any topic to get your account approved by administrators.

Your input is valuable! Join today and continue collaborating with fellow ACT teams statewide.

Oregon ACT Outcome Data & Quality Assurance

At the start of the COVID-19 emergency, ACT data reporting and fidelity reviews were suspended by the Oregon Health Authority to allow ACT teams to focus on serving participants and managing changes in service delivery. A memo has been released by OHA to re-instate quality assurance assessments and ACT data reporting again on **July 1st, 2020**. Please find the memo by [clicking here](#).

OCEACT will begin reaching out to ACT teams regarding quality assurance assessments starting with ACT programs that had their ACT fidelity reviews cancelled due to COVID 19 between March 2020 and July

2020.

ACT data is required to be entered and submitted again into OAD for Quarter 3 (July - September, 2020).

OCEACT Statewide Trainings

One of the main services that OCEACT can provide to ACT teams is providing training in evidence based practices. Below you will find a list of training's and a brief description of the training.

If there is a training you would like to receive, or if there is a training that is not listed below that you would like to learn more about, please contact a member of the OCEACT team.

ACT in Action

The ACT in Action training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT. The training covers all the key components of the ACT model, including: the team approach; community based services, 24/7 crisis coverage; integrated dual disorder treatment; and integrated care.

Enhanced Illness Management and Recovery (EIMR)

The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

Cognitive Behavioral Social Skills Training (CBSST)

The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using.

Motivational Interviewing (MI)

The MI training is a one day training that focuses on a collaborative, goal-oriented style of communication with particular attention to the language of change. This training will review the basic framework of MI along with the development of micro-skills like open ended questioning, affirmations, reflective listening, and summarizing statements. Role playing is included for skill acquisition.

If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT team.

OCEACT Staff

Director of Special Projects:

Jeff Krolick
Email: jkrolick@optionsonline.org
Phone: 541-840-5614

Director of OCEACT:

Heidi Herinckx
Email: hherinckx@optionsonline.org
Phone: 541-507-7125

Statewide Trainers:

Ben Yoder
Email: byoder@optionsonline.org
Phone: 541-600-6102

Shane Semin
Email: ssemin@optionsonline.org
Phone: 541-295-5118

Christina Lindsey

Research Associate:

Alyssa Kerlinger

Email: akerlinger@optionsonline.org

Phone: 541-450-5233

Email: clindsey@optionsonline.org

Phone: 541-613-6766

Asia Gray

Email: agray@optionsonline.org

Phone: 541-450-5483

Cathy Bozarth

Email: cbozarth@optionsonline.org

Phone: 541-450-5044