

Register Now

2020 OCEACT Webinar Series



OCEACT presents the 2020 Webinar Series. A summary of each of the three webinars is provided below with registration links.

All webinars are free to ACT team staff members. You must register in advance for each webinar separately, and in advance, to receive the webinar link via email.

CEU credits are available for each webinar.



**Terry Krupa, PhD, FCAOT
Professor Emerita
School of Rehabilitation Therapy
Queen's University, Kingston,
Ontario**

**Tuesday June 16th 10 am - 12 noon
&
Wednesday June 17th 10 am - 12 noon**

Action Over Inertia

Everyone who registers for the webinar by June 12th will receive a free electronic copy of the Action Over Inertia manual workbook. A link will be sent to your email before the webinar to download the book.

CEU credits: 2 for each day (4 total)

Register Now for the Terry Krupa Webinar: [Click here](#)

Dr. Terry Krupa has worked as an occupational therapy clinician, educator and researcher for over 40 years. Her research has primarily focused on enabling the activity, health, and full community participation of people with serious mental illnesses.

Action Over Inertia is a time use and activity health approach to engage people experiencing serious mental illnesses in meaningful activity and participation patterns

associated with health, well-being and recovery. By the end of the two sessions, participants will: 1) understand the conceptual foundations of the Action Over Inertia (AOI) intervention; 2) become familiar with the key therapeutic processes of AOI; and 3) Learn about the growing evidence-base for AOI.

Click on the link below for Dr. Terry Krupa's complete bio and session summary.

[Terry Krupa Bio and Session Summary](#)



Ron Unger, LCSW
Mental Health Therapist, Supervisor
and Educator

Tuesday June 23rd, 2020 9 am - 12 noon

Collaborative Explorations at the Edge of Reality: The Promise of CBT for Psychosis

CEU credits: 3

Register Now for the Ron Unger Webinar: [Click here](#)

Ron Unger, LCSW is a therapist, therapy supervisor, and educator specializing in Cognitive Behavioral Therapy for psychosis (CBTp). He has presented numerous seminars in the US and Canada, and spoken at international conferences. In addition to CBTp, his seminars have covered subjects such as the intersection of trauma, dissociation, and psychosis, and ways to address spiritual issues within treatment for psychosis. Attention will be paid both to relieving current distress and to setting a foundation for recovery.

CBT for psychosis emphasizes the formation of a collaborative relationship, and then taking a fresh look at the evidence together. The CBT practitioner does not impose any particular point of view, but joins with the person in a process of shared discovery of possible ways of making sense, and an exploration of the implications of different ways of making sense. In this session, participants will learn approaches that: 1) Normalize, or show how psychotic experiences are understandable as variations or extremes of normal human experiences; 2) Develop a formulation, or a map or story about how problems developed, what maintains them, and what might be done to relieve them; and 3) Collaborate in solving specific problems related to unshared perceptions and beliefs.

Click on the link below for Ron Unger's complete bio and session summary.

[Ron Unger Bio and Session Summary](#)

Shyle Ruder, MS
Education and Outreach Director
Fair Housing Council

Monday July 13th 2020 1:00 - 2:30 pm
&
Tuesday July 14th 2020 1:00 - 2:00 pm

Fair Housing for People with Serious Mental Illness



[Register for the Shyle Ruder Webinar: Click here](#)

Shyle Ruder is the Education and Outreach Director at the Fair Housing Council of Oregon (FHCO). Prior to her work at FHCO, Shyle worked in HIV/AIDS Services for 18 years with 14 of those years focused on housing services for people living with HIV/AIDS. As part of that work, she has taught about Fair Housing rights since 2006. Shyle served on the Renters Education Alliance Committee for seven years and helped develop the Rent Well tenant education series, an intensive 15-hour course designed to teach individuals their rights and responsibilities as renters. She holds a Master's degree in Postsecondary Adult Continuing Education from PSU.

These sessions will examine each stage of responding to reasonable accommodation and modification requests from residents and applicants with disabilities. In these sessions, attendees will learn about: 1) Housing rights for people living with disabilities including SPMI; 2) Advocacy strategies when the disability causes or has caused barriers to get into or stay stable in housing; 3) Overall understanding of housing discrimination.

Click on the link below for Shyle Ruder's complete bio and session summary.

[Shyle Ruder Bio and Session Summary](#)

To Receive CEU Credits: If you request CEUs at the time you register for these webinars, OCEACT will email you an evaluation form after the training is over. Complete the evaluation and email it back to Alyssa Kerlinger akerlinger@optionsonline.org to receive your CEU certificate.

You don't want to miss this!

For more information, Please contact OCEACT.

OCEACT

www.oceact.org

541-450-5233

