



Quarter 1 | 2020

Upcoming Events

ACT Advisory Committee

April 9th 2020
9:30 - 11:30 a.m.

Teleconference only:

Please join via go-to-meeting by following the link below:

<https://global.gotomeeting.com/join/581089333>

Join the conference call:

1-800-920-7487

participant code:
4365143#

ACT Data Advisory Committee

May 6th 2019
1:00 - 2:30 p.m.

This will be held telephonically.

TA Call

April 14th 2020

10am

Eclectic Interventions
on the ACT Team

3pm

Eclectic Interventions
on the ACT Team

May 12th 2020

Quarter 4 2019 Review

In Quarter 4 2019:

- 1355 ACT participants were served
- 80% of ACT participants experienced zero homelessness in Quarter 4, 2019 (Oct-Dec).
- 69% of ACT individuals have had stable living arrangements for the last 6 months
- 25% of ACT participants were enrolled in Supported Employment

COVID-19 Updates

OCEACT has created a page on the OCEACT website to keep ACT teams updated on COVID-19 news, resources, and links regarding ACT services.

Please follow the link:

www.oceact.org/covid-19-news/

Next Weekly COVID-19 Update Teleconferences for ACT Teams will be held on:

4/08/20 10am-11 and 2pm-3

4/15/20 10am-11 and 2pm-3

4/22/20 10am-11 and 2pm-3

To join the conference call:

Please call: 1-800-920-7487

Participant Code 4365143#

10am - Working with
Individuals on 370 with
Brenda Dennis

3pm - Working with
Individuals on 370 with
Brenda Dennis

June 9th 2020

10am

No TA Call Due to
OCEACT Conference

3pm

No TA Call Due to
OCEACT Conference

Peer Call

April 13th 2020

11 a.m.

IPS Overview

May 11th 2020

11 a.m.

Creating a Culture of
Work

June 8th 2020

11 a.m.

NO CALL

2020 Annual Statewide OCEACT Conference Registration

June 16th-17th

OCEACT is evaluating
whether or not we can
hold the conference at
this time and we will
decide by May 1st.

Here are helpful tips from some of our Oregon ACT teams regarding engagement and assertive outreach:

Put together individualized care packets for each participant that includes things such as any information on resources, paperwork needed to be filled out for benefits, reminders, and activities to pass time at home such as coloring pages.

Free printable coloring pages and other activities can be found online (examples linked below) to suggest to participants to access or print out for care packets.

- www.chronicillnesswarriorlife.com
- www.supercoloring.com
- www.justcolor.net

Connect participants to social media apps that focus on building community for people with mental illness such as the app 'Recovery4US'

Some agencies are purchasing flip phones for participants with no phone access. CHOICE funds can be used for phone or minutes purchases. [Assurance Wireless](#) is a resource to get low income families free access to phones.

- For participants who worry about using up their phone minutes, online apps like Facebook Messenger video chat, Google Hangouts video, Zoom, or Skype are currently approved by the US Health & Human Services for calling and video conferencing with providers *see notice [here](#).
- Other apps that are not approved by the US Health & Human Services but could be used for participants' own personal use are the Lifesize app and Whatsapp.

Check out the Collaborative Support Programs of NJ's newsletter edited by Peggy Swarbricks and Pat Nemec: [Words of Wellness](#)

Oregon ACT Outcome Data

DON'T FORGET!

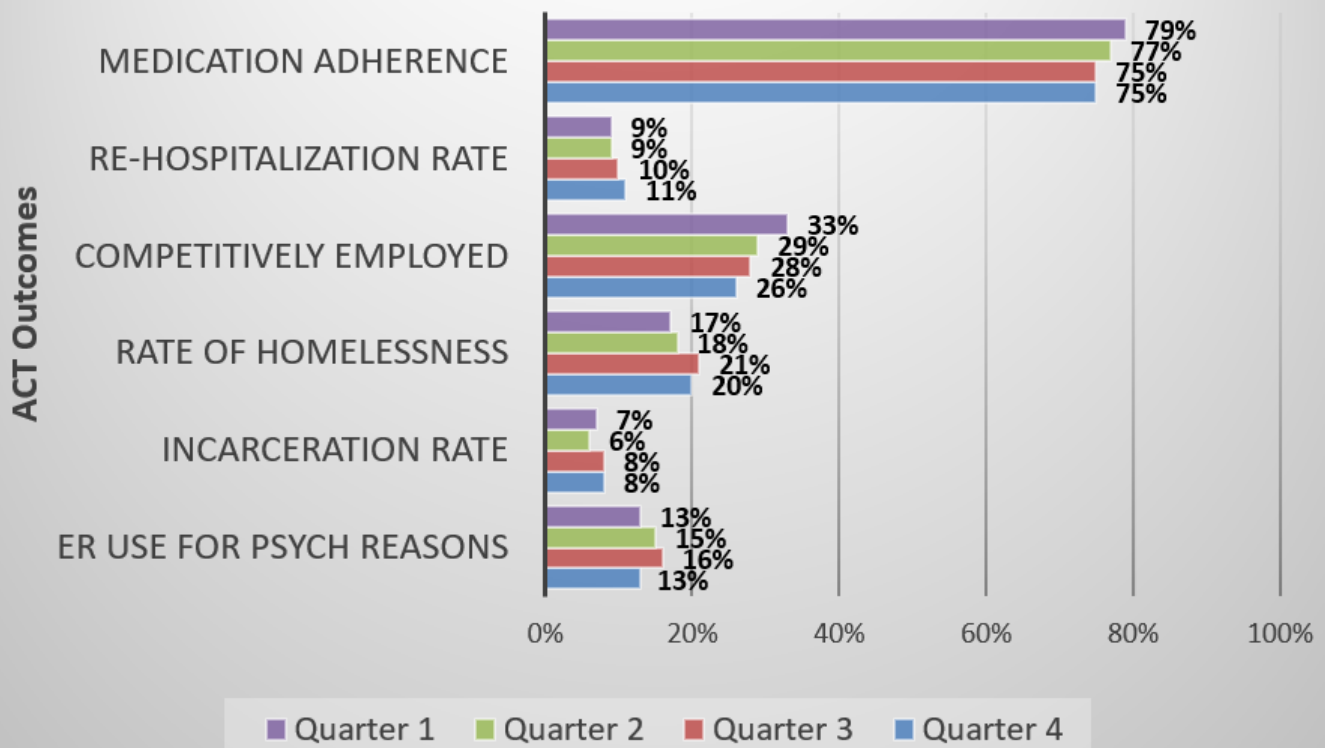
OCEACT can run reports more specific to ACT teams' needs using data from the Oregon ACT Database. For requests and inquiries, please email [Alyssa Kerlinger](#)

Total number of ACT participants served in Quarter 4 2019 was 1355.
There were 97 ACT participants discharged.

Below is a comparison of ACT outcomes between Quarter 1, 2, 3, & 4 2019

Oregon ACT Outcome Comparison

All 4 Quarters 2019



OCEACT Statewide Trainings

One of the main services that OCEACT can provide to ACT teams is providing training in evidence based practices. Below you will find a list of training's and a brief description of the training.

If there is a training you would like to receive, or if there is a training that is not listed below that you would like to learn more about, please contact a member of the OCEACT team.

ACT in Action

The ACT in Action training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT. The training covers all the key components of the ACT model, including: the team approach; community based services, 24/7 crisis coverage; integrated dual disorder treatment; and integrated care.

Enhanced Illness Management and Recovery (EIMR)

The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

Cognitive Behavioral Social Skills Training (CBSST)

The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using.

Motivational Interviewing (MI)

The MI training is a one day training that focuses on a collaborative, goal-oriented style of communication with particular attention to the language of change. This training will review the basic framework of MI along with the development of micro-skills like open ended questioning, affirmations, reflective listening, and summarizing statements. Role playing is included for skill

acquisition.

If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT team.

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