

## **OCEACT Meeting Minutes**

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**Objective:** Weekly check-in with teams related to COVID-19 Impacts

**Date:** Wednesday, April 29<sup>nd</sup> 10:00 AM

**Facilitated by:** Ben Yoder, OCEACT     **Minutes taken by:** Cathy Bozarth, OCEACT

### **Attendees:**

Kindall Baker- Douglas County in Roseburg

Juii Biddix- Columbia County

Mark Whitney-Lincoln County

Mary Lingenfelter- Options Josephine/Jackson County

Linda Santos Martinez

Brenda Dennis-Oregon Health Authority

OCEACT staff: Jeff Krolick, Heidi Herinckx, Ben Yoder, Asia Gray, Alyssa Kerlinger

### **OCEACT Updates:**

- OCEACT conference has been cancelled due to virus. We are working on alternatives to provide training and will provide updates as able.
- Asia- went through process to access PPE. Each county manages this process differently. Bigger counties have info and forms with instructions on how to access PPE. Asia shared example of PPE request from Washington County. Feel free to outreach Asia if support is necessary to navigate access for PPE.
- Asia has updated Covid Document to tailor it to Oregon use.
- Jeff –Chat board/ forum is moving closer to going live. Will provide update as able once refined.
- Heidi- please forward any policies and procedures to share with others. We are working so quickly to respond to this situation. Please share resources as you are able.
- Brenda Dennis- Oregon State Hospital updates: OSH Aid and Assist census reviewed. Info is current as of last week and provided to give perspective to reality of the possible aid and assist referrals that could be made to ACT. Aid and Assist patients with felonies will not be referred to ACT teams, so referrals will mainly be those with misdemeanors (column highlighted). Columns will break down felony and misdemeanor charges. The hospital is not taking any civil admissions at this time likely through August in order to prioritize legal needs and other COVID needs.

OSH Aid & Assist Census as of 2020-04-20

County	.370 Census	.365 Census	.315 Census	A&A Census	Change from Prev. Week	% of Census	% of State Pop.	Census vs. Pop. Dif.	Fel.	% Fel.	Misd.	% Misd.	None Listed
Multnomah	52			52	-4	19.9%	19.51%	0.42%	41	78.8%	11	21.2%	
Marion	35			35	2	13.4%	8.21%	5.20%	27	77.1%	6	17.1%	2
Washington	30			30	0	11.5%	14.12%	-2.63%	21	70.0%	9	30.0%	
Lane	25			25	-1	9.6%	9.06%	0.51%	20	80.0%	5	20.0%	
Jackson	16			16	-1	6.1%	5.29%	0.84%	13	81.3%	2	12.5%	1
Coos	11			11	0	4.2%	1.59%	2.62%	9	81.8%	2	18.2%	
Linn	10			10	-1	3.8%	3.02%	0.81%	7	70.0%	3	30.0%	
Deschutes	9			9	3	3.4%	4.23%	-0.78%	8	88.9%	1	11.1%	
Clackamas	8			8	0	3.1%	9.89%	-6.82%	6	75.0%	2	25.0%	
Douglas	7			7	1	2.7%	2.72%	-0.04%	6	85.7%			1
Wasco	6			6	0	2.3%	0.65%	1.65%	4	66.7%	2	33.3%	
Tillamook	6			6	-1	2.3%	0.65%	1.65%	4	66.7%	2	33.3%	
Polk	5			5	0	1.9%	1.96%	-0.05%	4	80.0%	1	20.0%	
Lincoln	5			5	-1	1.9%	1.18%	0.74%	5	100.0%			
Clatsop	5			5	1	1.9%	0.95%	0.97%	5	100.0%			
Malheur	5			5	0	1.9%	0.78%	1.14%	4	80.0%	1	20.0%	
Curry	5			5	2	1.9%	0.57%	1.35%	4	80.0%	1	20.0%	
Yamhill	4			4	0	1.5%	2.57%	-1.03%	2	50.0%	2	50.0%	
Josephine	4			4	0	1.5%	2.12%	-0.58%	4	100.0%			
Benton	3			3	0	1.1%	2.20%	-1.05%	2	66.7%	1	33.3%	
Umatilla	3			3	1	1.1%	1.95%	-0.80%	2	66.7%	1	33.3%	
Columbia	2			2	0	0.8%	1.25%	-0.49%	1	50.0%	1	50.0%	
Jefferson	2			2	0	0.8%	0.56%	0.21%	1	50.0%	1	50.0%	
Baker	1			1	0	0.4%	0.41%	-0.02%	1	100.0%			
Morrow	1			1	0	0.4%	0.28%	0.10%			1	100.0%	
Wallowa	1			1	0	0.4%	0.17%	0.21%	1	100.0%			
Klamath							1.67%	-1.67%					
Union							0.65%	-0.65%					
Hood River							0.58%	-0.58%					
Crook							0.53%	-0.53%					
Lake							0.20%	-0.20%					
Grant							0.18%	-0.18%					
Harney							0.18%	-0.18%					
Gilliam							0.05%	-0.05%					
Sherman							0.05%	-0.05%					
Wheeler							0.03%	-0.03%					
<b>Total</b>	<b>261</b>	<b>0</b>	<b>0</b>	<b>261</b>	<b>1</b>	<b>100%</b>	<b>100%</b>	<b>0%</b>	<b>202</b>	<b>77.4%</b>	<b>55</b>	<b>21.1%</b>	<b>4</b>

ACT team Updates:

Kindall- team lead in Douglas County, Roseburg. Minimizing face to face when able and do have masks available for staff and participants. Team has taken two new admits.

Juli-Columbia County. Participants are struggling with lack of contact in lengthy isolation. Human contact when possible is making a difference.

Mark Whitney- We have been doing business as usual with PPE to support participants in community. We are a small tight knit community with 5 active cases but not terribly hit by virus. We are carrying on. We are seeing some issues with isolation but we continue to outreach in person or via phone. Some participants are receiving a couple calls a day. We are still doing pretty much what we were doing before.

Mary- It's a mixed bag between Jackson County and Josephine County. We are trying to provide games and packets in care packets. We have some clients who are stepping back a bit from treatment and are enjoying a break from pressure of treatment. Some participants have become more engaged in

technology check-ins. Staff are being flexible in managing their exhaustion with shifting how we do ACT services. Some staff are feeling ineffective in this delivery and this is a focus in supervision. We are putting IMR materials and relaxation tools, worksheets, and checklists into packages. We are attempting to do crisis plans with participants now that we have the time. I'm feeling exhausted as a supervisor trying to manage different pace and approach. The slower pace is difficult for staff.

Brenda- I can understand the fatigue. It's difficult to get information out but not too much. There's so many day to day decisions and it's exhausting.

Juli- Our team is also feeling this way. We have been doing a lot of trainings but we are wanting to get out. The outreach to participants- I don't feel like it's the same.

Heidi- Also feeling the exhaustion. This is very contagious and we don't know what's to come. Social distancing has been a necessary first step. The nature of who we are, we want to have social outreach and connection. We want to keep ourselves safe. We are looking for a vaccine in 18 months. As we relax social distancing the rates will go up. We won't be able to work from home for 18 months but how we work will look different.

Jeff- suggested to try three way calls to participants to observe and learn together with staff what's going on with calls.

Maybe working 8 hours days is not needed right now. Maybe looking at staff using PTO to have longer breaks in between hours to feel more productive.

Mary is considering using zoom in supervising others. Some staff have chosen to use PTO time to manage self-care. We are encouraging that and urge staff to take time off.

Jeff- Consider using strengths assessments. Encouraging calls for staff to share what's working and take the burden off you which might be enjoyable for the team.

Mary- It might be good for teams to start thinking in a different way with a different approach to problem solving.