



Quarter 4 | 2019

Upcoming Events

ACT Advisory Committee

January 9th 2019
9:30 - 11:30 a.m.
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301

ACT Data Advisory Committee

February 5th 2019
1:00 - 2:30 p.m.
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301

TA Call

January 14th 2020
10am - Engagement &
Clinical Guide
3pm - Engagement &
Clinical Guide

February 11th 2020
10am - Peer Advocacy
and Career Pathways
3pm - Peer Advocacy
and Career Pathways

March 10th 2020
10am - Role of the
Therapist on the ACT
team
3pm - Role of the

2019 Fidelity Scores

In 2019, 31 ACT teams had fidelity reviews. To see a complete list of these teams and their scores, please [click here](#).

26 ACT teams have met fidelity requirements by achieving scores of 114 or higher. Four ACT teams are still currently working on action plans with OCEACT to meet fidelity. One ACT team has recently been reviewed, but does not yet have a final score.

Congratulations to all the community mental health agencies who have made the effort to implement high fidelity ACT programs statewide. Oregon now has the capacity to serve approximately 1400 people in ACT services with the goal to increase that capacity to 2000 people.

Top Supported Employment Enrollments in Quarter 3 2019

In Quarter 3, 2019, these ACT teams have 40% or more of their ACT participants enrolled in Supported Employment:

Therapist on the ACT team

Peer Call

January 13th 2020
10 a.m.

February 10th 2020
10 a.m.

March 9th 2020
10 a.m.

ACT Team	Percent of Participants Enrolled in SE
Polk County Mental Health	61%
New Directions Behavioral Health & Wellness	55%
Coos Health and Wellness	54%
Wallowa Valley Center for Wellness	50%
Outside In	49%
Tillamook Family Counseling Center	46%
Lifeways Malheur	40%

Of these teams with the highest supported employment enrollments, **Outside In** has 50% of those enrolled competitively employed!

Oregon ACT Outcome Data

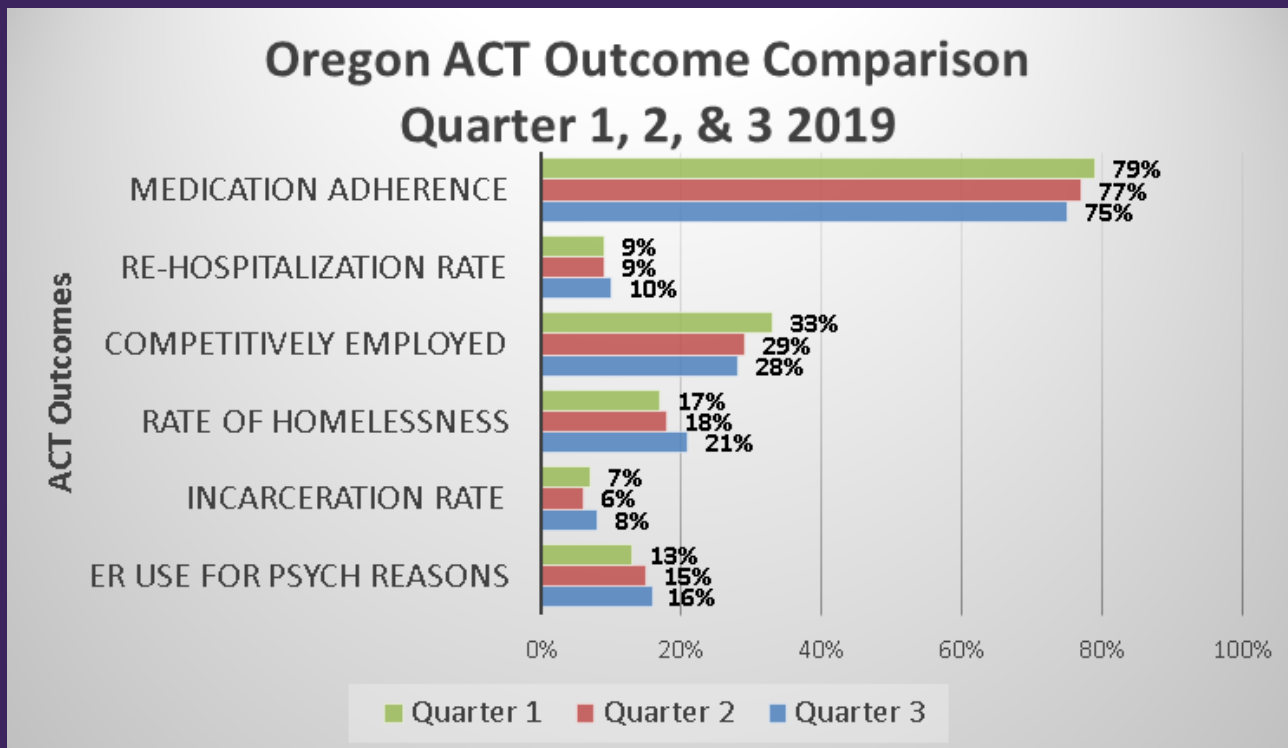
DON'T FORGET!

OCEACT can run reports more specific to ACT teams' needs using data from the Oregon ACT Database. For requests and inquiries, please email [Alyssa Kerlinger](mailto:Alyssa.Kerlinger@oceact.org)

Total number of ACT participants served in Quarter 3 2019 was 1351.

There were 111 ACT participants discharged.

Below is a comparison of ACT outcomes between Quarter 1, 2, & 3 2019



OCEACT Statewide Trainings

One of the main services that OCEACT can provide to ACT teams is providing training in evidence based practices. Below you will find a list of training's and a brief description of the training.

If there is a training you would like to receive, or if there is a training that is not listed below that you would like to learn more about, please contact a member of the OCEACT team.

ACT in Action

The ACT in Action training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT. The training covers all the key components of the ACT model, including: the team approach; community based services, 24/7 crisis coverage; integrated dual disorder treatment; and integrated care.

Enhanced Illness Management and Recovery (EIMR)

The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

Cognitive Behavioral Social Skills Training (CBSST)

The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using.

Motivational Interviewing (MI)

The MI training is a one day training that focuses on a collaborative, goal-oriented style of communication with particular attention to the language of change. This training will review the basic framework of MI along with the development of micro-skills like open ended questioning, affirmations, reflective listening, and summarizing statements. Role playing is included for skill acquisition.

If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT team.

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