



Quarter 3 | 2019

Upcoming Events

ACT Advisory Committee

Oct 17th 2019
9:30 - 11:30 a.m.
Broadway Commons 1300 Broadway
ST NE Salem, OR 97301

ACT Data Advisory Committee

Nov 5th 2019
1:00 - 2:30 p.m.
Broadway Commons 1300 Broadway
ST NE Salem, OR 97301

TA Call

TA calls this next quarter will be focused on a few ACT team specialists. Facilitators will reach out to specialists for desired topics.

October 8th 2019

10am - Nurse Consultation
3pm - Nurse Consultation

November 12th 2019

10am - Substance Use Specialist
Focus
3pm - Substance Use Specialist
Focus

December 10th 2019

10am - Supported Employment focus
3pm - Support Employment focus

Peer Call

OCEACT hired two new statewide trainers!

Meet the new team members:

Asia Gray



Asia is an Oregon native, born and raised in the Portland area. Currently, she lives in St Helens Oregon with her partner Len and 3 of their 4 children. Their oldest daughter lives with her mom. Asia returned to school in her twenties as a nontraditional

student, and received a Ford Restart scholarship. She completed her Masters degree at Portland State University in 2013. Her background is working in rural community mental health, and she has been in several roles across the continuum of care for folks living with serious mental illness. In 2017, Asia implemented a high fidelity ACT team and served as team lead. She is passionate about social justice, especially health equity, and environmental stewardship. Asia enjoys being in the woods, gardening and learning about plants, reading and listening to audio books, walking and hiking, and finding secret swimming holes and beautiful places near rivers and creeks.

She is grateful for the opportunity to serve the community by joining OCEACT!

Cathy Bozarth

October 14th 2019

10 a.m.

November 18th 2019

10 a.m.

December 9th 2019

10 a.m.

2019 OSECE Conference

The 11th Annual 2019 Oregon IPS Supported Employment & Education Conference will be held on October 9-10, 2019.

A half day supervisor session will also be held on Oct. 8th.

Visit their [website](#) for more info and to register

The 2020 Annual Statewide OCEACT Conference

Save the Date!

The 2020 Annual Statewide OCEACT Conference will be on **June 16-17th.**

There will also be another half day team leader networking and pre-conference workshop on **June 15th.**



Cathy earned her Master of Arts in Counseling: Clinical Mental Health from Adams State University at Alamosa, Colorado. Cathy spent over twelve years working in community mental health in Grand Junction, Colorado. In that time Cathy held

various positions working in the hospital, as part of the mobile crisis outreach team, and finally as part of the outpatient leadership team. Cathy relocated to the Medford area two years ago and in that time worked as part of the Options Jackson County ACT team. Cathy is looking forward to working with ACT teams in this new capacity as a statewide trainer.

Cathy most enjoys spending her free time in the outdoors, especially camping and most recently has taken up kayaking. She also enjoys time with family and friends who continue to visit from California, Colorado, and Washington.

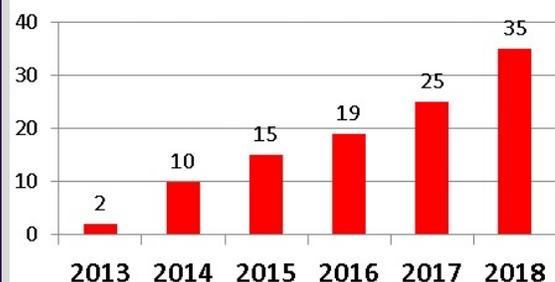
CCO Oregon 2019 Conference

Heidi Herinckx, Director of OCEACT, provided a presentation on the implementation of ACT programs statewide at the Oregon CCO Conference in Salem on September 24th 2019. The title of the presentation was "Implementing Evidence Based Behavioral Health Care in Oregon: The ACT Model." This presentation discussed the growth in ACT programs since 2013 and the ongoing efforts to improve and sustain ACT services. Here are some of the highlights:

Community Mental Health Agencies throughout Oregon have worked hard over the last 6 years to implement ACT programs to high ACT fidelity. OCEACT's mission is to provide ongoing training and support to ACT programs to promote sustainability and ongoing quality improvement through the following activities:

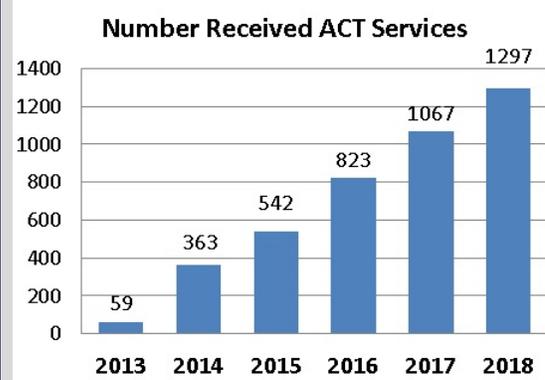
- Host the OCEACT annual conference
- Conduct annual ACT fidelity reviews
- Measure and report ACT participant outcomes quarterly and annually

Certified ACT programs in Oregon



- Establish benchmarks for program improvement
- Monitor progress on benchmarks
- Participate in OCEACT advisory committee to inform policy, along with the Oregon Health Authority, ACT leadership and community stakeholders

To the right are two charts that show the expansion of certified ACT teams since 2013 and the number of ACT participants served each year since 2013.



Oregon ACT Outcome Data

At the last ACT Data Advisory Committee on August 7th 2019, OCEACT reviewed the 2018 Annual ACT Report. To view or download this report, please follow the link to our website:

www.oceact.org

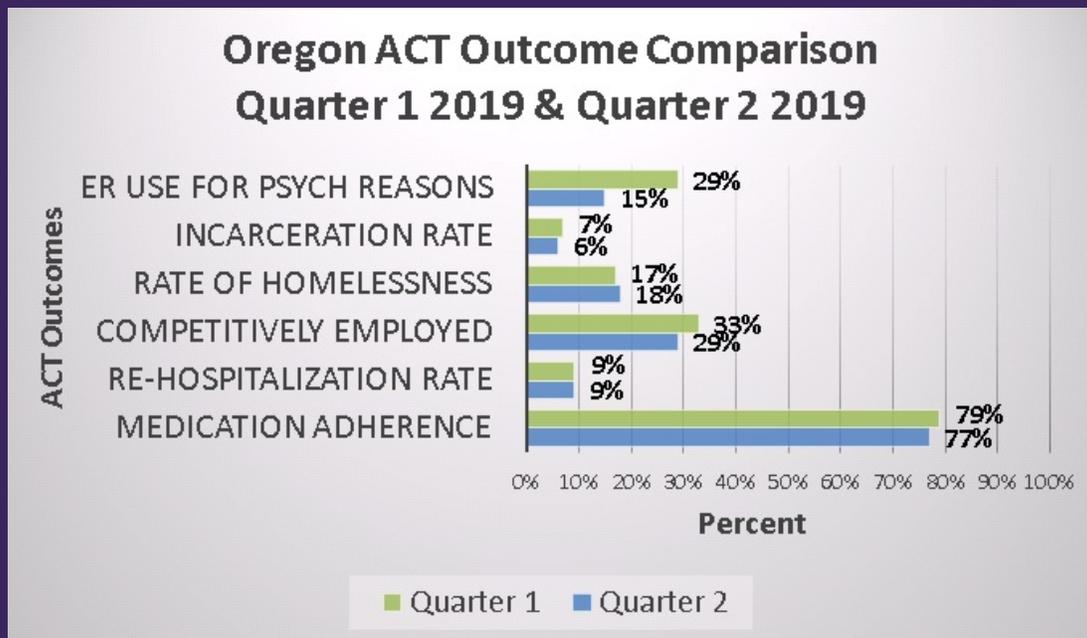
DON'T FORGET!

OCEACT can run reports more specific to ACT teams' needs using data from the Oregon ACT Database. For requests and inquiries, please email [Alyssa Kerlinger](mailto:Alyssa.Kerlinger@oceact.org)

Total number of ACT participants served in Quarter 2 2019 was 1325.

There were 101 ACT participants discharged.

Below is a comparison of ACT outcomes between Quarter 1 and Quarter 2 2019



OCEACT Statewide Trainings

One of the main services that OCEACT can provide to ACT teams is providing training in evidence based practices. Below you will find a list of training's and a brief description of the training.

If there is a training you would like to receive, or if there is a training that is not listed below

that you would like to learn more about, please contact a member of the OCEACT team.

ACT in Action

The ACT in Action training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT. The training covers all the key components of the ACT model, including: the team approach; community based services, 24/7 crisis coverage; integrated dual disorder treatment; and integrated care.

Enhanced Illness Management and Recovery (EIMR)

The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

Cognitive Behavioral Social Skills Training (CBSST)

The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using. If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT team.

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