

2020 OCEACT Conference Keynote and Breakout Session: Planning Document Created 10/15/2020 Bringing Us Together- Vision 2020

Keynote speaker 1: Piper Meyer – EIMR or Cognitive Remediation

Keynote speaker 2: Ben Henwood- role of nursing on ACT and integrated mental health and physical health

Keynote speaker 3: Maria Monroe-Devita – general health care in ACT

Keynote Speaker 4: Occupational Therapy – Terry Krupa

Keynote Speaker 5: ACT in Rural Communities (ACT and SE) – Neil Meisler- Neil Gold - Lynette Studler

Keynote Speaker 6: Supervision for ACT team leaders – Case Western - -Additional presenter OR Alison Green – 20 years in management blog- ask a manager - Heidi

Keynote Speaker 7: Xavier Amador LEAP Institute- anosognosia - Engagement (first priority) -

Keynote Speaker 8: ask psychiatrist from Oregon State Hospital – James Peykanu Dr. Sethi- psychiatric symptoms OHSU - Mia Lopez- OHSU and state hospital also talk about cultural lens- Brenda – Grand Rounds- see what the schedule is and vet potential speakers -

Eileen Mejia- former Marylhurst instructor- Building Trust as a hard skill not a soft skill – collaboration and trust building in teams

Doors to wellbeing- financial wellness- SSI and SSDI- Oscar Hiamissolan – 5 dimensions of financial wellness

Peggy Swarbrick – Center on Integrated Health Care and Self Recovery

Judith Cooke- University of Chicago

Large group presentations:

- a) Heidi OAD data and comparing first two years- how to use for quality improvement -
- b) Brenda OHA- ACT expansion and meeting statewide goal
- c) Housing advocacy – tenancy supports getting and keeping housing

Breakout Session ideas from OCEACT team meeting

- a. Breakout sessions- pay more instate experts to facilitate breakout sessions -
 - i. Psychopharmacology
 - ii. Hearing Voices
 - iii. **Peer Delivered Services Meagan Caughey Cascadia – (Christina) mini institute**
 - iv. **Health at Every Size- Julia Rodgers (Christina)**

- v. **Christina and Cathy– how to develop ideas for cross training for peer specialists in particular- all specialists cross training**
 - vi. **Jeff- Supervision issues for team leads- short term goals- strengths based case management**
 - vii. Role of Therapy in ACT: methods (Cathy and Asia??) Therapy modalities, community based therapy, engagement
 - viii. How to bridge agency treatment plan with peer centered plan?? How to move goals forward – how do ACT teams balance co-facilitation of EIMR groups
 - ix. Medicaid funding rules (deficits, current problems, problems) not strengths based and marry strengths based language in all other documentation and work
 - x. ACT participant testimonials????
 - xi. **CBT for psychosis- UofO Ron Unger (Ben Yoder) ronunger@pdx.edu – mini institute**
 - xii. **Trauma informed Oregon- Mandy Davis (Heidi) – mini institute**
 - xiii. **Motivational Interviewing (Heather) mini institute**
 - xiv. **Nursing in ACT (possible Ben Henwood) mini institute**
 - xv. Repeat presentations that were great -
 - xvi. CBSST – more in-depth skills training
 - xvii. Louis Lopez- as former team leader
 - xviii. Energized and excited about what they are doing
 - xix. Individual drug and alcohol treatment – specific skills and practices with ACT individuals
 - xx. **SE on an ACT teams - Jeff to present and include a few SE specialists to talk about SE outcomes on ACT -**
 - xxi. *Role of the peers on the ACT team – ideas of cross training – Jason developing resource manual*
 - xxii. 8 dimensions of wellness – how to use it
 - xxiii. ACT capacity – how many ACT teams do we need in Oregon??
 - xxiv. **Team cohesion – wellness within your team - Asia**
 - xxv. **Ben Yoder work with someone with Cascadia FACT on CBSST – fully implemented ??**
 - xxvi. Supervision of ACT team – team leader and providing direct service- mix individual and group supervision
- b. Team leader – ½ day planning