2020 OCEACT Conference Keynote and Breakout Session: Planning Document Created 10/15/2020 Bringing Us Together- Vision 2020

Keynote speaker 1: Piper Meyer – EIMR or Cognitive Remediation

Keynote speaker 2: Ben Henwood- role of nursing on ACT and integrated mental health and physical health

Keynote speaker 3: Maria Monroe-Devita – general health care in ACT

Keynote Speaker 4: Occupational Therapy – Terry Krupa

Keynote Speaker 5: ACT in Rural Communities (ACT and SE) – Neil Meisler- Neil Gold - Lynette Studler

Keynote Speaker 6: Supervision for ACT team leaders – Case Western - -Additional presenter OR Alison Green – 20 years in management blog- ask a manager - Heidi

Keynote Speaker 7: Xavier Amador LEAP Institute- anosognosia - Engagement (first priority) -

Keynote Speaker 8: ask psychiatrist from Oregon State Hospital – James Peykanu Dr. Sethi-psychiatric symptoms OHSU - Mia Lopez- OHSU and state hospital also talk about cultural lens- Brenda – Grand Rounds- see what the schedule is and vet potential speakers -

Eileen Mejia- former Marylhurst instructor- Building Trust as a hard skill not a soft skill – collaboration and trust building in teams

Doors to wellbeing- financial wellness- SSI and SSDI- Oscar Hiamissolan – 5 dimensions of financial wellness

Peggy Swarbrick – Center on Integrated Health Care and Self Recovery

Judith Cooke- University of Chicago

Large group presentations:

a) Heidi OAD data and comparing first two years- how to use for quality improvement -
b) Brenda OHA- ACT expansion and meeting statewide goal
c) Housing advocacy – tenancy supports getting and keeping housing

Breakout Session ideas from OCEACT team meeting

a. Breakout sessions- pay more instate experts to facilitate breakout sessions -
   i. Psychopharmacology
   ii. Hearing Voices
   iii. Peer Delivered Services Meagan Caughey Cascadia – (Christina) mini institute
   iv. Health at Every Size- Julia Rodgers (Christina)
v. Christina and Cathy– how to develop ideas for cross training for peer specialists in particular- all specialists cross training
vi. Jeff- Supervision issues for team leads- short term goals- strengths based case management
vii. Role of Therapy in ACT: methods (Cathy and Asia??) Therapy modalities, community based therapy, engagement
viii. How to bridge agency treatment plan with peer centered plan?? How to move goals forward – how do ACT teams balance co-facilitation of EIMR groups
ix. Medicaid funding rules (deficits, current problems, problems) not strengths based and marry strengths based language in all other documentation and work
x. ACT participant testimonials??
xii. CBT for psychosis- UofO Ron Unger (Ben Yoder) ronunger@pdx.edu – mini institute
xii. Trauma informed Oregon- Mandy Davis (Heidi) – mini institute
xiii. Motivational Interviewing (Heather) mini institute
xiv. Nursing in ACT (possible Ben Henwood) mini institute
xv. Repeat presentations that were great -
xvi. CBSST – more in-depth skills training
xvii. Louis Lopez- as former team leader
xviii. Energized and excited about what they are doing
xix. Individual drug and alcohol treatment – specific skills and practices with ACT individuals
xx. SE on an ACT teams - Jeff to present and include a few SE specialists to talk about SE outcomes on ACT -
xxi. Role of the peers on the ACT team – ideas of cross training – Jason developing resource manual
xxii. 8 dimensions of wellness – how to use it
xxiii. ACT capacity – how many ACT teams do we need in Oregon??
xxiv. Team cohesion – wellness within your team - Asia
xxv. Ben Yoder work with someone with Cascadia FACT on CBSST – fully implemented ??
xxvi. Supervision of ACT team – team leader and providing direct service- mix individual and group supervision
b. Team leader – ½ day planning