



OCEACT Annual Statewide Conference 2019 Schedule of Events

Location: CH2M HILL Alumni Center
Oregon State University
725 SW 26th St.
Corvallis, OR 97331

Monday June 10th, 2019 Burlingham/Elle Room 111

12:00 – 1:00 p.m. Networking Lunch and Introductions

1:00 – 2:30 p.m. Making Meaning in Work and Life as a Team Leader

Liz Middleton, Team Leader of the Cascadia Forensic ACT (FACT) Team will facilitate the first session of the ACT Team Leader Retreat.

The presentation will be both didactic and collaborative in approach. The parallel process will be intentionally called out as we make space for learning and expanding awareness of responsibility in our team relationships. We will grow our understanding of our ability to respond to the needs of supervisees and clients and most importantly ourselves. Themes of activating hope, identifying strengths and resourcing relationships will be discussed in small groups then opened up to a larger group discussion. We will also review, complete and discuss the Self-Care Wheel available on OlgaPhoenix.com. The six dimensions of the wheel are Physical, Psychological, Emotional, Spiritual, Personal and Professional. We will then look at similarities with the Wellness Wheel with utilize with clients. Each participant will develop a plan to create increased life balance in work and life.

Learning Objectives:

- 1) What is the parallel process and how does it show up in supervision.
- 2) Awareness of the six dimensions of the self-care wheel and how to model this for the team.
- 3) Identification of a plan to promote self-care during supervision sessions.

2:30 – 2:45 p.m. Break

2:45 – 4:15 p.m. Strengths Based Supervision

Jeff Krolick, Special Projects Director, Options for Southern Oregon

The Strengths Based Case Management Model of Group Supervision is designed to examine client situations for which the ACT clinician desires new ideas and is based on client strengths and existing resources. Typically, these are clients who have been unable to achieve their goals. Other situations particularly amenable to group supervision are:

1. Lack of progress in engaging with a client or developing a relationship
2. Situations where case managers are having difficulty identifying client strengths or developing personal plans
3. Difficulties with particular key actors in gaining access or accommodation
4. Client goals where identification of community resources has been lacking or where the "perfect niche" has not been found



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This training will provide orientation to this group supervision model and practice in using Strengths Based Assessments and the group supervision structure and facilitation.

Group Supervision Process

Each discussion of a client situation begins with the distribution of the client's strengths assessment and most recent personal plan(s) and a presentation of the particular situation by the case manager. This presentation should include:

1. A statement of the difficulty or problem
2. A statement of what the case manager would like to see instead (desired state) and how the group can help
3. A complete list of strategies and efforts already tried to achieve the desired state

This presentation is then followed by questions from the group and brainstorming solutions or alternative. Statements of empathy and support are often exchanged. Minimum standards for brainstorming usually include that at least three potential alternatives be generated. Each discussion of a client situation closes with the case manager repeating the alternatives and perhaps indicating the one believed to be most promising. The case manager should also tell the group what the next discrete step is (e.g., consult with client on Thursday; phone Ms. Harris at the Garden of Eden nursery; write on paper the information needed to employ a two sided argument with the landlord). Each client situation discussion usually lasts between 25 and 40 minutes.

Once the client situations have been discussed, group supervision concludes with each case manager sharing one or more achievements from the past week, some of which could be derived from past group supervision brainstorming. This kind of "celebration" is found to be uplifting and energizing for case managers as they return to their work.

4:15 – 4:30 p.m.

Break

4:30 – 5:00 p.m.

Working Together to Create a Common Vision for ACT Services

Michael Oyster, Choice Model Lead and ACT Coordinator, Oregon Health Authority



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Team Leader Retreat Presenter Bios

Name of Presenter:	Liz Middleton
Agency Name:	Cascadia Behavioral Health
Job Title:	Program Manager and Team Leader, Forensic ACT Team
Credentials:	LCSW, CPRP
Organization or Agency:	Cascadia BHC
Business Phone:	503-872-0111
Business Address:	1839 NE Glisan Street, Portland, OR 97232
Business E-mail Address:	Liz.middleton@cascadiabhc.org
Presenter Biography :	Liz has worked for the last 25 years in community mental health in a variety of roles both clinical and supervisory. Liz has been the Program Manager of the Cascadia Behavioral Health Forensic Act Team since inception in 2015. She has received a wealth of knowledge from the following resources: folks she has served, colleagues, supervisors, numerous conferences and from Temple University School of Social Work. She holds both a BSW and MSW and has been an Oregon LCSW since 2007. Most recently, she became a Certified Psychiatric Rehabilitation Practitioner in 2017.

Name of Presenter:	Jeffrey Krolick
Job Title:	Special Projects Director
Credentials:	M.A. Counseling Psychology
Organization or Agency:	Options for Southern Oregon
Business Phone:	541-840-5614
Business Address:	1215 SW G St., Grants Pass, OR 97211
Business E-mail Address:	jkrolick@optionsonline.org
Presenter Biography:	Jeff Krolick received his M.A. in Counseling Psychology from Lesley University and has worked in the mental health field for 32 years as a direct service provider and administrator. He is a strong advocate for recovery oriented services including Evidence-based Supported Employment and Assertive Community Treatment. He has been an integral part of the adoption and expansion of Supported Employment in Oregon since 1998. Jeff currently serves as Special Projects Director at Options for Southern Oregon where he provides administrative support for the Oregon Supported Employment Center for Excellence and the Center of Excellence for Assertive Community Treatment. In his spare time, pursues a career as a photographer and documentary film maker. He lives in Portland, Oregon