



Oregon Center of Excellence for  
Assertive Community Treatment

*Tools for Positive Change*

## OCEACT Quarterly News & Updates

Welcome to the first OCEACT quarterly newsletter of 2018! We use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

### Upcoming Events:

#### Advisory Board

October 11th 2018  
9:30 - 11:30 a.m.  
Broadway Commons  
1300 Broadway ST NE  
Salem, OR 97301

#### Monthly TA Calls

October 9th 2018  
10am - Clinicians

3pm - Nurses

November 13th 2018  
10am - Employment  
Specialist

3pm - Employment  
Specialist

December 11th 2018  
10am - A&D Specialist

3pm - A&D Specialist

#### Monthly Peer Calls

October  
9th 2018  
10am

November  
13th 2018  
10am

December  
10th 2018  
10am

ACT Program	Individuals Served	Number enrolled in SE	Percent in SE of Total	Number competitively employed	Percent employed of SE
Benton County Behavioral Health	71	13	18%	6	46%
Clatsop Behavioral Healthcare	18	5	28%	3	60%
Deschutes County Mental Health	50	12	24%	6	50%
Options for Southern Oregon	66	26	39%	11	42%
Outside In	44	22	50%	10	45%
Yamhill County Mental Health Team 1	34	10	29%	8	80%

### Oregon ACT Database (OAD) UPDATE

“The Oregon ACT Database (OAD) now contains 3 full quarters of statewide ACT referral, client information and outcome data. OCEACT created its first analyzed report from Quarter 1, 2018 data, which was presented at the July advisory committee meeting. A report from Quarter 2, 2018 is in development. Some of the data presented covered referral sources and ACT enrollment rates, statewide ACT demographics, hospitalization rates, incarceration rates, supportive employment rates, and graduation rates. The information gathered is a significant resource for OCEACT, ACT teams, and OHA to reflect on Oregon’s strengths and opportunities for growth in the ACT model. One of the high points has been the implementation of the IPS model of supported employment. The database shows that as of Quarter 2, 2018, 297 ACT participants are enrolled in supported employment with 91 clients working in competitive employment.

Director of OCEACT:

Heidi Herinckx

Email:

[hherinckx@optionsonline.org](mailto:hherinckx@optionsonline.org)

Phone:

541-507-7125

Research Associate:

Alyssa Kerlinger

Email:

[akerlinger@optionsonline.org](mailto:akerlinger@optionsonline.org)

Phone:

541-450-5233

Statewide Trainer:

Ben Yoder

Email:

[byoder@optionsonline.org](mailto:byoder@optionsonline.org)

Phone:

541-600-6102

Statewide Trainer:

Kevin Hoepfer

Email:

[khoepfer@optionsonline.org](mailto:khoepfer@optionsonline.org)

Phone:

541-450-5491

Statewide Trainer:

Shane Semin

Email:

[ssemin@optionsonline.org](mailto:ssemin@optionsonline.org)

Phone:

541-295-5118

Statewide Trainer

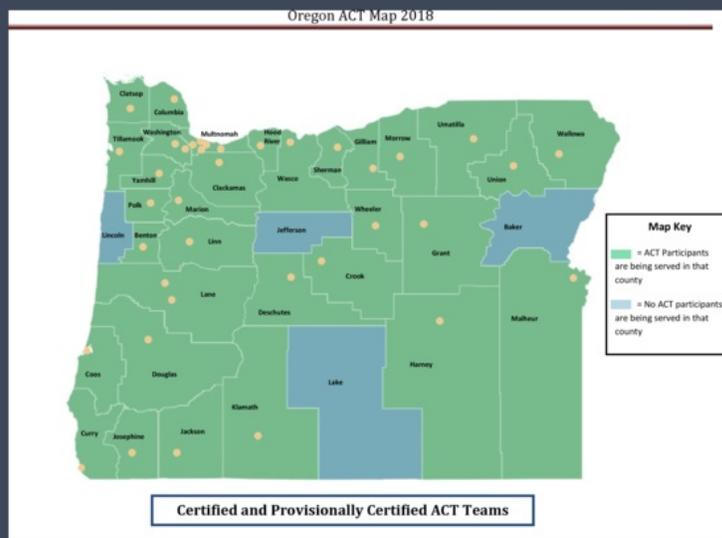
Christina Lindsey

Email:

[clindsey@optionsonline.org](mailto:clindsey@optionsonline.org)

Phone:

541-613-6766



## Progress Report: State-wide Implementation of ACT in Oregon

As of July of 2018 3 new teams have filed for provisional provider status. The Cascadia Clackamas ACT team, Lifeworks Northwest ACT Team, Yamhill County CSAACT team. We would like to congratulate and thank these organizations for taking the steps to implement ACT teams in their communities.

There have also been 2 ACT provisional providers who have passed their first fidelity reviews in 2018. The Tillamook Family Counseling ACT team had their first fidelity review in March and they met fidelity with a score of 119. The Central City Concern Team 2 also had their first review in May and they met fidelity with a score of 123.

This brings the number of ACT teams in Oregon to 28. We look forward to the continued success and implementation of ACT in Oregon.

## Comprehensive 3 Day EIMR Training

In May 2018, OCEACT sponsored a training in Enhanced Illness Management and Recovery (EIMR). We partnered with the University of Minnesota to have Dr. Steve Carlson provide a comprehensive training for eight ACT teams. We wanted to thank those teams who were able to attend. A reminder for those who were able to attend the training there is a bi-monthly call to assist those teams in implementing EIMR.

For those teams who were unable to attend and are already implementing EIMR there is a new manual now available that was produced earlier this year. The link to this manual will be made available to all OCEACT teams through our website, and a Link will be attached to this news letter.

If your team was not at the 3 day training in May and is not currently offering EIMR, OCEACT does provide a day and a half training for all ACT teams. If you would like to schedule an EIMR training please reach out to a member of the OCEACT staff to schedule the training

## OCEACT Statewide Conference

On June 12th and 13<sup>th</sup>, OCEACT held our annual conference. We were fortunate to have over 220 attendees representing ACT teams from all over the state making it our largest OCEACT conference to date. This year's keynote speakers were: Dr. Mark Salzer, from Temple University who presented on community integration; Dr. Helle Thorning from Columbia University, who presented on ACT participants who are parents and how to support them in that role; Dr. Pat Nemeec from Rutgers University presented on the role of peers support specialists on ACT teams as wellness coaches. In addition to these plenary talks, the conference provided 18 additional breakout sessions focusing on the provision of substance abuse treatment services, the role of each specialty on the ACT team, end of life care, trauma informed care and other treatment and support services provided by ACT programs.

## Welcome to Our Newest OCEACT Team Member

OCEACT would like to welcome the newest member of our Team, Christina Lindsey. Christina graduated from The University of Oregon in 2003, with a Bachelor's Degree in Psychology. She then spent several years in various customer service positions before taking her first position as a provider on an ACT Team in Arizona. There, Christina became very passionate about adult mental health, recovery, and the ACT model in particular. After a year and half in Arizona, Christina followed her husband back to Oregon and secured a place as the Peer Support Specialist for the Laurel Hill Center ACT Team. Christina was with Laurel Hill for four years and is excited for new experiences as a Statewide Trainer with OCEACT.

## OCEACT Available Training

One of the main services that OCEACT can provide to ACT teams is providing trainings in evidence based practices. Below you will find a list of trainings and a brief description of the training.

**ACT in Action-** The ACT in Action training is a one day training offered by OCEACT where your team will learn the basics of ACT. We will cover everything from the history of ACT, the make up of an ACT team, and the steps of implementing ACT.

**Enhanced Illness Management and Recovery (EIMR)** -The EIMR training is a one and a half day training that focuses on the EIMR material and how to implement it in one-on-one sessions and in groups.

**Cognitive Behavioral Social Skills Training (CBSST)** - The CBSST training is a half day training that focuses on the tools needed to implement CBSST and how it fits in with other modalities that your team is currently using.

If there is a training you would like to receive, or if there is a training that is not listed above that you would like to learn more about, please contact a member of the OCEACT staff.

Visit our Website