Embracing the MI Spirit

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Thank you!!!

We are social beings

We are Professional Connectors; paths, bridges and stepping stones to recovery

The challenge with PACE
Difficulty PACE-ing yourself
Relationships are our thing

Recognizing the challenge

Partnership: authority, capitulation

Acceptance: doing nothing, judgement

There is a 100% chance that I've called some of the most wonderful people in the world, the most horrible things while in traffic.

Compassion: apathy, sympathy
Evocation: prescribing, preventing

Say something

Feeding Your Spirit

Promise me you'll always remember:
You're braver than you believe,
and stronger than you seem,
and smarter than you think.

Partner with your inner voice

The voice

There is a voice inside of you
That whispers all day long.
It's the voice we often ignore.
It makes us feel good or bad.
It knows that this is wrong.
It's a part of you, even though you can't decide.
It's the voice that speaks inside.

Be compassionate with yourself
Appreciate and affirm you!

I'd be a terrible superhero. I'd see the signal calling in the sky from home and be like "I literally just sat down."

Invite change into your own life

We're not that different from those we serve

I think we're all just hoping to find that one who will simply love us for the awesome fucking disaster we are.

With solid boundaries...
EVOCATION

Appreciate the wisdom

See the humor

"you know the North Koreans want my mad bike skills!"

Remember, it's a dance, not wrestling

Allow the work to influence who you will be

Be the change you want to see
When it all comes together

https://www.youtube.com/watch?v=M1F0lBnsnKE

Thank you, again!

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