



Upcoming Events:

Advisory Board

January 14th, 2016
9:30 - 11:30 a.m.
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301
3rd Floor, China Room

Monthly Calls

January 12th, 2016
10 a.m.
Developing a Transition to
Less Intensive
Services Policy
3 p.m.
Developing a Transition to
Less Intensive
Services Policy

February 9th, 2016
10 a.m.
Engagement Strategies
3 p.m.
Engagement Strategies

March 8th, 2016
10 a.m.
Integrating Substance
Abuse Treatment
3 p.m.
Integrating Substance
Abuse Treatment

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First Quarter, 2016

Welcome to the first OCEACT quarterly newsletter of 2016! We use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

Upcoming Illness Management & Recovery Training!

OCEACT is pleased to announce that Susan Gingerich, co-author of the Illness Management and Recovery curriculum, will be joining us on March 9th and 10th, 2016 to offer a two day training to 10 ACT programs. An e-mail was sent out on 12-29-15, which includes information on selection criteria and an application form. If interested, please complete and return the application to Heidi Herinckx by January 22nd, 2016.

Monthly Technical Assistance Call Time Change

As of December 2015, we have moved the time of our morning technical assistance call from 9 a.m. to 10 a.m. to better accommodate teams that wish to participate in the morning call. Technical assistance calls will continue to be on the second Tuesday of every month. Calls are intended to be interactive and are typically provided in webinar format through a GoToMeeting link and utilizing OCEACT's conference line. The next technical assistance calls will be at 10 a.m. and 3 p.m. on January 12th, 2016. If there are topics you would like to see covered this year, please let us know!

Advisory Board Meetings

The advisory board will meet on the following dates in 2016:

January 14th, 2016
April 14th, 2016
July 14th, 2016
October 13th, 2016

Ann Delmar will be facilitating all future advisory board meetings. Attendance at advisory board meetings is open and we welcome your team to attend in person or by phone to participate. Please let us know if there are topics you would like to see on an advisory board agenda!



ACT Fidelity Programs in Oregon

As of December 2015, there are 18 fidelity ACT programs in Oregon! In 2016 we expect to have an additional 8 programs come on board. Keep up the good work!

ACT Peer Specialists Begin Monthly Calls in 2016!

At the 2015 OCEACT conference, several peer support specialists discussed their desire to share ACT best practice ideas throughout the year. By discussing the use of recovery focused tools, engagement strategies, training opportunities, etc., the PSSs believed they would better serve ACT participants and be able to deepen their advocacy role within their communities. The calls will last one hour and each call will have a focus topic with some presentation by a PSS. Most of the hour will be open for all PSSs to discuss the topics presented.

Peer Specialist Collaborative Monthly Calls have been scheduled for the first quarter of 2016 as follows:

Monday, January 11th at 10 a.m.
Monday, February 8th at 10 a.m.
Monday, March 14th at 10 a.m.

Topics Include:

January 11: Marion County PSS, Jason Morrow, will present how he uses the 8 Dimensions of Wellness and Illness Management & Recovery goal setting tools.

February 8: Sequoia Mental Health Services PSS, David Dedrickson, will provide the highlights of an Intentional Peer Support presentation he provided to his team. David will also share person centered language information he has been utilizing.

March 15: TBD

OCEACT staff member, Ann Delmar, will support the PSSs by sending out information, setting up conference call lines and supporting presenters. She can be contacted at adelmar@optionsonline.org for questions or comments.

ACT Program Recruitments

Want your job listing to appear here? Please contact an OCEACT team member. Listings can also be published on our website at www.oceact.org.