



Oregon Center of Excellence for
Assertive Community Treatment

Tools for Positive Change

OCEACT Quarterly News & Updates

Welcome to the first OCEACT quarterly newsletter of 2018! We use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

Upcoming Events:

Advisory Board

April 12th 2018
9:30 - 11:30 a.m.
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301

Monthly TA Calls

January 9th 2018
10am - MH Clinicians
3pm - MH Clinicians

February 13th 2018
10am - ACT Nurses
3pm - ACT Nurses

March 13th 2018
10am - SE Specialists
3pm - SE Specialists

Monthly Peer Calls

January 8th 2018
10am

February 12th 2018
10am

March 12th 2018
10am

Comprehensive 3 Day EIMR Training

May 1st, 2nd, & 3rd 2018
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301

2018 ACT Statewide Conference

June 12th & 13th 2018
Oregon State Alumni
Center

Coming Soon!

New Oregon ACT Database (OAD)

As many of you have already heard, OCEACT is launching our new Oregon ACT Database, otherwise known as OAD. This secure web-based portal will be the way ACT programs submit their ACT quarterly reports to the Health Services Division.

The creation of OAD has been a collaboration between the Health Services Division, OCEACT and the data subcommittee of the ACT advisory committee. Representatives from more than 9 ACT programs statewide have attended multiple meetings to define the data elements collected through OAD.

THANK YOU to the ACT programs who have dedicated time, expertise, and feedback to creating OAD and making it user-friendly.

A little history behind this exciting change –

Assertive Community Treatment is an evidence based practice that promises to reduce re-hospitalization, reduce criminal justice contacts and increase community tenure. To ensure that ACT teams are achieving these desired positive outcomes and more, each ACT program will report on a small set of client outcomes to the Health Services Division through OAD.

OCEACT will analyze the quarterly ACT referral and outcome data and provide a report on the effectiveness of ACT at each quarterly ACT Advisory Committee meeting. Quarterly referral and outcome data provided by ACT teams will provide valuable insight to strengths of ACT programs and areas that need improvement. Data collected through OAD will also allow OCEACT to compare Oregon ACT outcomes to outcomes nationwide, and advocate for improved policies within our state to ensure ACT is supported now and in the future. Outcome data will also be provided to the Department of Justice to ensure that Oregon is meeting the goals and objectives of the Oregon Performance Plan.

What you need to know –

OCEACT hopes, with fingers crossed, that OAD will be accessible to ACT teams before February 14th 2018.

Many teams across the state have already worked with OCEACT to create an account and login information for OAD. If you are an ACT team that has not yet done this, please contact Alyssa Kerlinger akerlinger@optionsonline.org for instructions.

If you are a new Oregon ACT team, as soon as you become

OCEACT Staff

Director of OCEACT:

Heidi Herinckx

Email:

hherinckx@optionsonline.org

Phone:

541-507-7125

Research Associate:

Alyssa Kerlinger

Email:

akerlinger@optionsonline.org

Phone:

541-450-5233

Statewide Trainer:

Ben Yoder

Email:

byoder@optionsonline.org

Phone:

541-600-6102

Statewide Trainer:

Bobby Divine

Email:

rdivine@optionsonline.org

Phone:

541-450-5517

Statewide Trainer:

Kevin Hoepfer

Email:

khoepfer@optionsonline.org

Phone:

541-450-5491

Statewide Trainer:

Shane Semin

Email:

ssemin@optionsonline.org

Each ACT team across Oregon will submit data quarterly to OAD. OCEACT will collect this data, perform research and analysis, and submit ACT outcomes to the Department of Justice. Below is the quarterly schedule for 2018:

- Quarter 1 Dates : January 1st – March 31st 2018
 - Date Submission Deadline – May 15th 2018
- Quarter 2 Dates: April 1st – June 30th 2018
 - Date Submission Deadline – August 14th 2018
- Quarter 3 dates: July 1st – September 30th 2018
 - Date Submission Deadline – November 14th 2018
- Quarter 4 Dates: October 1st – December 31st 2018
 - Date Submission Deadline- February 14th 2019

Once OAD is fully operational, ACT programs will no longer be required to report outcome data as part of the ACT fidelity review process. OCEACT will obtain all the data needed to perform each team's annual fidelity review by running a report on OAD. This means, one less step for ACT team leads!

What about Quarter 4 2017? –

OCEACT is asking all Oregon ACT teams to fill out the “new excel data sheet” that contains all the new reporting requirements found in OAD. Once the new data sheet is complete, teams can choose to submit their data by secure email, and therefore fulfill their reporting requirement, or wait for OAD to go live and submit data through the online database. We would like to encourage programs to wait for OAD to submit their data, however we understand the submission deadline is arriving fast and OCEACT is here to support with the initial data entry process if time does not allow for Quarter 4 entry into OAD.

If you don't have the new Quarter 4 data sheet, please contact Alyssa.

In Summary –

OCEACT is very excited about this new venture and yet we understand that transition and change can be difficult. OCEACT believes this will improve the services provided by ACT teams across our beautiful state and provide us with outcomes that give evidence of the effectiveness of the ACT model and the amazing work being done by all of you! Please understand that OCEACT is here to support all Oregon ACT teams. If you have any questions about OAD please don't hesitate to contact our OAD guru Alyssa Kerlinger akerlinger@optionsonline.org

Progress Report: State-wide Implementation of ACT in Oregon

The Assertive Community Treatment model is an evidence based practice that provides comprehensive mental health treatment for individuals with severe mental illness so they may live successfully in community settings. Effective treatment of individuals with serious mental illness, especially schizophrenia, is among the most difficult challenges in medicine. The annual recovery rate for serious mental illnesses such as schizophrenia is low, averaging only 1.4% a year (Jääskeläinen, Juola P, & Hirvonen N, 2013). There is no known cure. Often by the time an individual has reached the need for ACT level of care, they have experienced many of the associated deleterious effects of serious mental illness including multiple hospitalizations, chronic homelessness, incarceration and abject poverty. It can take a long time to secure stable housing and reach a level of recovery to prevent the re-occurrence of these negative outcomes.

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Phone:
541-295-5118

ACT offers hope for individuals living with serious mental illness and their families. ACT programs bring together a multidisciplinary team of doctors, nurses, substance abuse treatment specialists, supported employment specialists, mental health professionals and peer support specialists to provide the full array of medical care and supports needed to achieve positive health and recovery outcomes. The ACT model is one of the most robust models of community mental health care with over 25 randomized clinical trials demonstrating its ability to keep people engaged in treatment and dramatically reduce hospitalization and homelessness and increase their stability in community living (Stein, Test 1980; Muser, Bond, Drake 1998). High fidelity ACT programs are able to achieve the best client outcomes (McHugo et al 2007).

The Oregon Center of Excellence for Assertive Community Treatment (OCEACT) was created in July 2013 to assist with the statewide implementation of ACT programs in Oregon. In 2013, Oregon had only five ACT programs with the capacity to serve only approximately 270 individuals and only two of these initial five programs met ACT fidelity. Approximately four years later, ACT has expanded to serve 1280 individuals in 25 high fidelity ACT programs across Oregon. ACT services are available in 24 of Oregon's 36 counties. Even the most rural communities in Oregon have demonstrated success in implementing and sustaining high fidelity ACT programs year after year.

We look forward to the further expansion of ACT services in Oregon. The Oregon Performance Plan sets a goal to serve 2000 individuals in community based settings supported by ACT services by July 1, 2018. It is OCEACT's mission to support the implementation of effective, high fidelity ACT programs.

We look forward to successful 2018 and will work hard to provide ongoing support to new and existing ACT programs so we can improve the lives and well-being of individuals living with severe mental illness.

Comprehensive 3 Day EIMR Training

In May 2018, OCEACT will sponsor a training in Enhanced Illness Management and Recovery (EIMR). We are fortunate to be able to partner with the University of Minnesota to have highly experienced trainers of EIMR provide a comprehensive training for ACT teams. Attendance is limited to 8 ACT programs and 24 total attendees. This is the third training OCEACT has sponsored in EIMR since 2014. We will use a similar application process as was used in previous years to select ACT teams and staff giving priority to ACT teams who have not yet attended one of the previous trainings. Applications will be sent to all ACT team leaders by the end of January 2018.

When: May 1st, 2nd, and 3rd 2018

Where: Broadway Commons, 1300 Broadway ST NE Salem, OR 97301

What: 8 ACT teams across Oregon along with OCEACT staff will be attending this event. This 3 day workshop will dive deep into the EIMR model and provide excellent information on how to implement EIMR, facilitate an EIMR group, and integrate EIMR into everyday ACT practice.

If you are interested in knowing more, please don't hesitate to contact an OCEACT staff.

Mark Your CALENDARS! 2018 OCEACT Statewide Conference!

OCEACT has settled on dates and has reserved our space!

When: June 12th and 13th 2018

Where: Oregon State Alumni Center, 725 SW 26th St, Corvallis, OR 97331

What: Amazing keynote speakers, breakout sessions, & ACT specialists across the state joining together!

Why: You know why!

More information to come as we create our agenda, conference schedule, etc.

Please Welcome Michael Oyster As Our Contact From OHA

Many of you may have already heard but Wendy Chavez is no longer over seeing ACT with the Oregon Health Authority. Our new contact with the Oregon Health Authority will now be Michael Oyster. If you would like to contact Michael with any questions regarding ACT and/or the Oregon Health Authority, you can reach him by email at MICHAEL.W.OYSTER@state.or.us

Visit our Website