



Oregon Center of Excellence for Assertive Community Treatment

Tools for Positive Change

Upcoming Events:

Advisory Board

April 13th, 2017
9:30 - 11:30 a.m.
Broadway Commons
1300 Broadway ST NE
Salem, OR 97301
3rd Floor, China Room

Monthly Calls

April 11th, 2017
10 a.m.
CBSST Training
3 p.m.
CBSST Training

May 9th, 2017
10 a.m.
Group Format and Facilitation Skills
3 p.m.
Group Format and Facilitation Skills

June 13th, 2017
Call Cancelled
OCEACT Conference

Peer Calls

Second Monday of the Month
10 a.m.

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www.oceact.org

Second Quarter, 2017

Welcome to the second OCEACT quarterly newsletter of 2017! We use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

OCEACT Conference 2017

Save the date: June 13th and June 14th, 2017

Location: Lane Community College, Eugene Oregon

Here is a link for registration:

<http://www.planetReg.com/E713135032157963>

The OCEACT conference is free. Lodging is at your expense. There are several hotels in the Eugene/Springfield area to choose from, however we recommend you make your reservation early to secure a room. University of Oregon graduation commencement is scheduled for the following week.

OCEACT Hired Two New Statewide Trainers!



Besides an adventurous stint living in Spain right out of high school, Bobby has lived in Oregon for most of his life. After returning from Spain, Bobby attended George Fox University studying Sociology and International Studies. After receiving his Bachelors degree, Bobby moved back to Southern Oregon to be by family and friends. Bobby started his career in the Mental Health field at this time working as a Milieu Treatment Specialist at a Psychiatric Day Treatment Facility. He later got a position working for Jackson County Mental Health as a skills trainer to their Crisis Respite Home. Bobby was quickly promoted to the ACT case manager where he thrived and enjoyed working with individuals with SPMI. Bobby was fortunate enough to get promoted again where he enjoyed working as the Education Program Instructor to Jackson County Health and Human Services. Through this experience he became trained as a facilitator in a variety of evidence based trainings i.e. Mental Health First Aid (Adult and Youth), CPI: Nonviolent Crisis Intervention Skills Training, and Applied Suicide Intervention Skills Training (ASIST). Most recently, Bobby transitioned into the position of ACT Statewide Trainer. In Bobby's free time, he enjoys spending time with his wife and their two year old daughter, playing sports, and being outside hiking/camping! He also is an extreme fan of the Seattle Seahawks, Go HAWKS!



Kevin Hoepfer graduated from Southern Oregon University with his Bachelors degree in Psychology. After school he began working at a drug and alcohol treatment center in Eugene. There he spent time working in residential and in outpatient settings. He later moved back to Ashland and started working with Jackson County's first ACT team. Kevin has worked as both an Employment Specialist and Case Manager for the ACT team in Jackson County. He is now excited to start working as an ACT Statewide Trainer. Outside of work Kevin enjoys hiking, camping with his family, and spending time by the water. He is a passionate football fan rooting for the Ducks and the San Francisco 49ers. Kevin is also known to frequent the occasional comic book convention. He is looking forward to continuing to work with ACT teams across the state.



The OCEACT Conference is Coming Soon...

Highlights for the 2017 OCEACT conference include:

First Keynote address from Kim T. Mueser, Ph.D, Executive Director of the Center for Psychiatric Rehabilitation and Professor in Departments of Occupational Therapy, Psychology and Psychiatry Boston University

Dr. Kim Mueser will provide a keynote and 3 hour workshop on Cognitive Behavioral Therapy (CBT) for individuals experiencing psychosis.

The second keynote address will be provided by Luis Lopez, MS, HSBC, ACT Implementation Specialist, Center for Practice Innovations, Columbia University, New York State Psychiatric Institute. Luis Lopez's keynote will address Recovery Principles in ACT. Luis Lopez will also provide a 3 hour workshop on using Integrated Dual Disorder Treatment approaches (IDDT) for individuals with co-occurring substance use disorders and serious mental illness.

Trauma Informed Oregon will provide a third keynote on Trauma Informed Care and a three hour workshop on strategies to deal with secondary trauma for ACT providers.

Dr. Phil Shapiro, M.D., M.P.H., Psychiatrist, Central City Concern ACT team
Dr. Phil Shapiro will provide a 3 hour workshop on **Healing Power: The Workbook**, newly published in 2016. The workbook is a companion to the manual **Healing Power: Ten Steps to Pain Management and Spiritual Evolution**, revised, 2010.

Additional information regarding the OCEACT conference schedule will be posted on the OCEACT website (oceact.org) as the details become available.

Peer Study Group

The CBSST study group continues to expand it's focus and skill development centered around helping people understand how symptoms can impact expanding their social integration and connectivity. Several members have been able to meet in person at the Broadway Commons monthly in Salem Oregon. Others have been able to join in, by phone, during what was previously the monthly peer TA call time. There are three chapters left, at which point the group will conclude it's study and potentially offer the study group to a wider range of practitioners.

This peer study group has been able to discuss vital skills and begin implementing them through practice and research. Currently the group is working on chapter 6 of the manual written by Eric Granholm who presented at the OCEACT conference in 2016. We encourage any interested parties to call in on the conference line on January 9 at 10 a.m. to discuss the information from chapter 6 of the study guide.

The study group includes Sierra Morgan, Jason Morrow, Myldred Silvia Jen Pangburn, Tom Elliott, and several others. Key social skills are a vital part of integration and managing disorganization leading to better recovery outcomes. Catch it, check it, change it!