

Tools for Positive Change

## **Upcoming Events:**

### **Advisory Board**

January 12th, 2017 9:30 - 11:30 a.m. Broadway Commons 1300 Broadway ST NE Salem, OR 97301 3rd Floor, China Room

### **Monthly Calls**

January 10th, 2017 10 a.m. Trauma Informed Care 3 p.m. Trauma Informed Care

February 14th, 2017 10 a.m. Creative Engagement 3 p.m. Creative Engagement

March 14th, 2017 10 a.m. Developing Recovery Goals 3 p.m. Developing Recovery Goals

#### **Peer Calls**

Second Monday of the Month 10 a.m.

#### **Contacts**

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### First Quarter, 2017

Welcome to the first OCEACT quarterly newsletter of 2017! We use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

# **OCEACT Conference 2017**

Save the date: June 13th and June 14th, 2017 Location: Lane Community College, Eugene Oregon

# **OCEACT** and **OSECE** are Hiring!

OCEACT is hiring two new statewide trainers to provide training to new and existing ACT programs across Oregon and conduct annual fidelity reviews. If you are interested in learning more about the position or application instructions, please click on this link: <a href="https://careers-optionsonline.icims.com/jobs/1422/act-statewide-trainer/job">https://careers-optionsonline.icims.com/jobs/1422/act-statewide-trainer/job</a>

Or contact Heidi Herinckx, 542-507-7125 <a href="mailto:hherinckx@optionsonline.org">hherinckx@optionsonline.org</a>

The Oregon Supported Employment Center for Excellence is also hiring a statewide trainer. OSECE provides training and technical assistance to support and implement the Individual Placement and Support model of Supported Employment and conducts annual fidelity reviews of Supported Employment programs across Oregon. For more information, please click on this link: <a href="https://careers-optionsonline.icims.com/jobs/1421/supported-employment-statewide-trainer/job">https://careers-optionsonline.icims.com/jobs/1421/supported-employment-statewide-trainer/job</a>

Or call Crystal McMahon 541-621-8875 cmcmahon @optionsonline.org

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# **Expansion of ACT services in Oregon**

To promote the expansion of ACT services for all individuals in need of this level of support in the community to live successfully, the Health Services Division has awarded several CCOs ACT infrastructure funds. Over the next year, at least 5 new ACT programs will be implemented serving communities such as Coos, Curry, Crook, Tillamook, Clatsop and Klamath Counties. Five additional ACT teams in Wallowa, Linn, Benton, and Lane Counties will be expanded. As of December 31 2016, Oregon ACT programs served 1006 individuals with severe mental illness successfully in the community throughout Oregon. It is expected that by the end of 2017, ACT programs will serve approximately 1500 individuals in community settings who might otherwise reside in higher level, more restrictive treatment settings.

## **OCEACT** in Ontario

The OCEACT team had the opportunity to present at the Ontario ACT Association Conference in Niagara Falls Canada in October 2017. Heidi Herinckx and Jeff Krolick presented a session on Recovery principles in ACT. The Ontario ACT Association functions much like OCEACT, offering an annual conference for ACT programs in the province of Ontario Canada. There are 82 ACT teams serving the province. The ACT conference featured sessions from our Canadian colleagues as well as ACT teams from Japan, Denmark, the US, and Eastern Europe.

# Peer Study Group

The CBSST study group continues to expand it's focus and skill development centered around helping people understand how symptoms can impact their social integrations and connectivity. Several members have been able to meet in person at the Broadway Commons monthly in Salem Oregon. The study group includes Sierra Morgan, Jason Morrow, Myldred Silvia, Jen Pangburn, Tom Elliott, and several others. Currently the group is working on Chapter 6 of the manual written by Eric Granholm who presented at the OCEACT conference in 2016. There are three chapters left, at which point the group will conclude it's study. OCEACT would next like to offer the study group to a wider range of ACT practitioners.

This ACT peer specialist study group has been able to discuss vital CBSST skills and begin implementing them in their practice. We encourage any interested parties to call in on the conference line on January 9 at 10 a.m. to discuss the information from Chapter 6 of the study guide. Social skills are a vital part of community integration and managing disorganization which in tern leads to better recovery outcomes. Catch it - check it, change it!

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