# Tools for Positive Change

## **Upcoming Events:**

### **Advisory Board**

October 8th, 2015 9:30 - 11:30 a.m. **Broadway Commons** 1300 Broadway ST NE Salem, OR 97301 3rd Floor, China Room

### **Monthly Calls**

**October 13th, 2015** 9 a.m. Tips to Achieve and Maintain ACT Fidelity 3 p.m. Tips to Achieve and Maintain ACT Fidelity

November 10th, 2015 9 a.m. An Overview of ACT Fidelity Decision Rules

An Overview of ACT Fidelity Decision Rules

December 8th, 2015 9 a.m. Working with Informal Supports 3 p.m. Working with Informal Supports

#### Contacts

3 p.m.

#### **Jeff Krolick**

Director of Special Projects jkrolick@optionsonline.org

#### **Heidi Herinckx** Director of OCEACT

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# **Emily Reynolds**

ACT Statewide Trainer ereynolds@optionsonline.org

#### **Ann Delmar**

**ACT Statewide Trainer** adelmar@optionsonline.org

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### Fourth Quarter, 2015

Welcome to the fourth OCEACT quarterly newsletter! We would like to use this venue to share important information and announcements with ACT teams across Oregon. If you would like to have a job listing, success story, or announcement appear, please contact a member of our team.

## **OCEACT** Welcomes Ann Delmar to the Team!



Ann Delmar grew up on a farm in rural North Dakota. Watching her parents struggle to hold on to their family farm while caring for 10 older siblings, some who struggled with complex mental health challenges, led Ann toward work in community service. Ann earned her bachelor's degree in social work at Seattle University in 1984. After moving to Oregon in 2001 she spent12 years managing various Oregon Health Sciences University statewide and national projects undertaken to improve healthcare delivery using evidence-based best practice models. She earned a master's degree in adult education from PSU's Graduate

School of Education in 2009 and an Assisted Living Administrator's License in 2012, making it possible for her to operate a senior living community near her Milwaukie home. Ann is a passionate advocate who loves working with others in ways that improve individual lives and build healthier communities. Ann likes to cook, loves to laugh and adores eating all kinds of food!

# **Upcoming Illness Management & Recovery Training**

OCEACT is currently working with Susan Gingerich, co-author of the Illness Management and Recovery model, to schedule a training for Oregon ACT providers in the Spring of 2016. The training will be two days and will give ACT providers a solid foundation for implementing the Illness Management and Recovery model within their ACT program. The training will be following by ongoing telephone consultation with Susan Gingerich for participating ACT programs. More information will be provided over the coming months.

# Have you visited OCEACT's website lately?

OCEACT's website is updated often and has a variety of tools and information available including: contact information for Oregon ACT providers, information about upcoming events, fidelity data for Oregon providers, content from past conferences, commonly used forms and resources, and ACT staff recruitments from around Oregon and Washington.



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# Now Hiring!

NARA Northwest - Psychiatrist or PMHNP

To apply: http://www.naranorthwest.org/?page\_id=458

Deschutes County - ACT Team Leader

To apply: http://oceact.org/wp-content/uploads/2015/09/Job-Bulletin.htm

Cascadia FACT - ACT Team leader

To apply: https://www3.apply2jobs.com/cascadia/ProfExt/index.cfm?

fuseaction=mExternal.showJob&RID=3296&CurrentPage=1

Want your job listing to appear here? Please contact an OCEACT team member. Listings can also be published on our website at www.oceact.org.